



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WELCOME TO THE NEIGHBORHOOD. JOIN OUR COMMUNITY.



THREE-DAY MEMBERSHIP PASS - \$30 VALUE!

Welcome to the Y. We're an inclusive, non-profit organization of men, women and children with a shared commitment to youth development, healthy living and social responsibility. Won't you join our cause?

Limit one coupon per person; non-members only. Must present pass at time of use. Photo ID required.

VABR

FREE GUEST PASS - \$10 VALUE!

Bring a friend to the South County Family YMCA free of charge with this pass.



Limit one pass per membership and one guest pass per guest. Must present pass at time of use. Guest must fill out waiver and present photo ID.

VABR

FREE FITNESS ORIENTATION & FITNESS PLAN - \$45 VALUE!

A 45-minute appointment with Y wellness staff includes body composition analysis, equipment orientation and customized progression plan.



VABR

FREE PILATES REFORMER INTRODUCTORY CLASS - \$21 VALUE!

Develop long, lean muscles while strengthening your core on the Pilates Reformer.



Venice location only. Limit one coupon per person. Not valid with any other offer. Must present coupon time of purchase. Registration required. Sign up at the front desk.

VABR

10% OFF

ONE RETAIL SHOP ITEM

Headphones. Workout Towel. YMCA T-shirt. We've got you covered.

Limit one coupon per person. Not valid with any other offer. Must present coupon time of purchase. Items located at the front desk of both locations.



VABR

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